

Spinnaker Tower Abseil: Terms and Conditions

1. Eligibility

- **Age:** 14+ (under 18 must be accompanied by a guardian).
- **Weight:** Less than 120 kg (18 stone).
- **Pregnancy:** Not permitted.
- Proof of age may be requested.
- You must be physically able to complete the abseil safely.

2. Safety and behaviour

- Follow **all instructions** from staff and abseil contractors.
- **Smoking prohibited.**
- Long hair must be tied back; wear **closed-toe, flat-soled shoes.**
- Loose clothing or unsafe costumes are **not allowed.**
- No personal cameras allowed; only official photography permitted.
- Unsafe or disruptive behaviour will result in ejection **without refund.**

3. Alcohol and substances

- Do **not participate under the influence** of alcohol or any substances.
- Suspicion of impairment = **no abseil, no refund.**

4. Arrival and timing

- Arrive **10 minutes before** your slot.
- Late arrivals may **not be admitted**; no refund.
- Participants have **10 minutes to start** the abseil at the departure point.

5. Weather and cancellation

- Abseils run in most weather, except for extreme conditions (high winds, lightning, heavy snow/ice).
- No refund for personal choice not to abseil or failure to meet requirements.

6. Photography and media

- Official cameras may record your abseil.

- By participating, you consent to your image being used in media or promotional materials worldwide.

7. Declaration and waiver

- **All participants must sign a waiver** before the abseil.
- Guardians sign for participants under 18.
- Signing acknowledges risks and confirms that you will participate safely.

8. Refunds

- £50 non-refundable for individual cancellations.
- No refunds for late arrival, failing to meet requirements, or personal choice not to abseil.